

Print the class handout

Fabric

Scissors

Pins

Sewing measuring tape

Pen and paper

Thread

Sewing machine

Someone to help measure you is a bonus

A calculator is handy

Fabric

- What kind?

Choose a natural fiber if it fits your budget. Yes, this might need a touch up with the iron, but man made fibers don't breathe well and will be hotter in the warm seasons.

If you want to make a coat, you might want a heavy weight fabric for the outside. I used a heavy linen. I also used fleece for the lining. It won't show and will make the coat toasty for night time at war.

Consider if you want trim. It can spruce up a garment, make your coat fancy, or hide a seam where you had to add fabric to make the sleeves longer.

- How much?

As a general guideline, measure from the top of your shoulder (think clavicle) to the desired length. Ladies might need to consider the bust. Tunics will be shorter than dresses. Coats should be a little shorter than the floor. For a tunic or dress, add about 6" Double this and that is how much to buy. For example, you measure 58 inches from shoulder to the hem. That is 64", times 2 is 128" which is about 4 yards. Estimating on the higher end is better than not having enough fabric.

If using 44" wide fabric, add about $\frac{1}{2}$ a yard if you want long sleeves.

If you are making a coat, add about $\frac{3}{4}$ to 1 yard for more room. Buy the same amount of fleece as you buy for the outside.

- **Get Ready!**

Wash and dry the fabric. Iron it if needed, you want flat and smooth fabric to cut and sew. Get all your supplies and print the handout.